



Steppin' off the Page

Alison Biggs &
Peter Metelnick



Young Forever

4 WALL • 64 COUNTS • INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 2 - 4 5 - 6 7 - 8	Cross, Side Rock, Cross, 3/4 Reverse Turn, Step Pivot 1/4 Cross step right over left. Rock left to left side. Recover onto right. Cross step left over right. Turning 1/4 left step right back. Turning 1/2 left step left forward. Step right forward. Pivot 1/4 turn left. (12:00)	Cross Side Rock Cross 3/4 Turn Step Pivot	On the spot Turning left
Section 2 1 - 2 3 - 4 5 - 6 7 - 8	Right Cross Point, Left Cross Point, Jazz Box 1/4 Turn Cross Cross step right over left. Point left to side. Cross step left over right. Point right to side. Cross step right over left. Step left back. Turning 1/4 right step right to side. Cross step left over right. (3:00)	Cross Point Cross Point Cross Back Quarter Cross	Forward On the spot Turning right
Section 3 1 - 2 3 - 4 5 - 6 7 - 8	Side Together, Side Rock, Back Rock, Side Together Step right to side. Step left together. Rock right to side. Recover onto left. Rock back on right. Recover onto left. Step right to side. Step left together.	Side Together Side Rock Back Rock Side Together	Right On the spot Right
Section 4 1 - 4 5 - 6 7 - 8 Option	Side Rock, Back Rock, Step Pivot 1/2 Turn, Full Turn Rock right to side. Recover onto left. Rock back on right. Recover onto left. Step right forward. Pivot 1/2 turn left. Turning 1/2 left step right back. Turning 1/2 left step left forward. (9:00) Omit full turn (counts 7 - 8) and walk forward: right, left.	Rock Side/Back Step Pivot Full Turn	On the spot Turning left
Section 5 1 - 2 3 - 4 5 - 6 7 - 8 Restart	Forward Rock, Back Lock Step, 1/2 Turn, Step, Cross Rock forward on right. Recover onto left. Step right back. Lock step left across right. Step right back turning 1/4 left. Turning 1/4 left step left forward. (3:00) Step right forward. Cross step left over right. Wall 3: (starts facing 6:00) Step left forward on count 40 and Restart dance. (9:00)	Rock Forward Back Lock Half Turn Step Cross	On the spot Back Turning left Forward
Section 6 1 - 4 5 - 6 7 - 8	Side, Back Rock, Side, Behind, 1/4 Turn, Step Forward Right and Left Step right to side. Rock back on left. Recover onto right. Step left to side. Cross step right behind left. Turning 1/4 left step left forward. (12:00) Step right forward. Step left forward.	Side Back Rock Side Behind Quarter Walk Walk	On the spot Turning left Forward
Section 7 1 - 4 5 - 6 7 - 8	Right Rocking Chair, Step Pivot 1/4 Turn, Step Forward Right and Left Rock right forward. Recover onto left. Rock right. back. Recover onto left. Step right forward. Pivot 1/4 turn left. (9:00) Step right forward. Step left forward.	Rocking Chair Step Pivot Walk Walk	On the spot Turning left
Section 8 1 - 2 3 - 5 6 - 8 Note	Step Pivot 1/2 Turn, Right Forward Lock Step, Left Forward Lock Step Step right forward. Pivot 1/2 turn left. (3:00) Step right forward. Lock left behind right. Step right forward. Step left forward. Lock right behind left. Step left forward. Counts 3 - 8 go very slightly forward in the line of dance.	Step Pivot Right Lock Right Left Lock Left	Turning left Forward

Choreographed by: Alison Biggs & Peter Metelnick (UK) January 2017
 Choreographed to: 'Young Forever' by High Valley (146 bpm) from album Dear Life (32 count intro - start on vocals) download available from Amazon or iTunes
 Restart: One Restart during Wall 3, at the end of Section 5

