



Taking Me Back

Choreographed by Gary O'Reilly (Ire) (January 2018)

32 Count, 4 Wall Intermediate line dance.

Choreographed to: "These Days" by Rudimental feat. Jess Glynne, Macklemore & Dan Caplen

16 count intro



Section 1: L Kick Ball Step, Pivot 1/2 L, 1/2 L, 1/4 Rock & Cross, 1/8 L Sit R, Recover L

- 8 & 1 Low kick L forward (8), step ball of L next to R (&) step forward on R (1)
2 3 Pivot 1/2 L (weight on L) (2), 1/2 turn L stepping slightly back on R (3) [12:00]
4 & 5 1/4 L rocking L to L side (4), recover on R (&), cross L over R (5) [9:00]
6 7 1/8 L stepping back on R sitting into R hip with straight L leg and L heel forward (6), recover weight onto L still facing diagonal (7) [7:30]
***Restart/Tag during wall 2 facing the back wall [6:00]**

Section 2: R Cross, L Side, R Together, L Cross, 1/4 L, 1/2 L, R Side/Touch L, L Side/Touch R, Back R

- 8 & 1 Cross R over L squaring up to [9:00] (8), step L to L side (&), step R next to L opening body slightly to R diagonal (1) [9:00]
2 3 4 Cross L over R (2), 1/4 turn L stepping back on R (3), 1/2 turn L stepping forward on L (4) [12:00]
5&6& Step R to R side (5), touch L next to R (&), step L to L side (6), touch R next to L (&)
7 Step back on R keeping L heel forward with toes pointing up (7)

Section 3: Back L, 3/8 R Fwd R, Fwd L, Rock Fwd R, Recover L, Back R, 1/2 L, 1/8 L Stepping R, L Rock Back & L Side

- 8 & 1 Step back on L (8), 3/8 R stepping forward on R (&), step forward on L (1) [4:30]
2 3 Rock/press forward on R (2), recover on L (3)
4 & 5 Step back on R (4), 1/2 turn L stepping forward on L [10:30] (&), 1/8 turn L stepping R to R side (5) [9:00]
6 & 7 Rock L behind R (6), recover on R (&), step L to L side (7)

Section 4: R Sailor 1/4 R, 1/2 L Push L, Push Back R, Walk Fwd L Ball Step 1/4 L, Walk Fwd R, 1/2 R Hitching L into Figure 4

- 8 & 1 Step R behind L (8), 1/4 turn R stepping L next to R (&), step forward on R (1) [12:00]
2 3 1/2 turn L pushing forward onto L (2), push back onto R (3) [6:00]
4 & 5 Walk forward on L (4), 1/4 turn L stepping ball of R slightly to R side (&), step forward on L (5) [3:00]
6 7 Walk forward R (6), 1/2 turn over R on ball of R hitching L into figure 4 (7) [9:00]
Count 32 begins the dance again with the L kick forward on (8)

*Restart/Tag: after count 7 of section 1 during wall 2, add the following tag restarting the dance on count 1

1/8 Shuffle RLR

- 8 & 1 1/8 R stepping forward on R straightening up to [6:00] (8), step L next to R (&), step forward on R (1) count 1 restarts the dance

Contact:

Gary O'Reilly - oreillygaryone@gmail.com - 00353857819808