

Take It To The Heart

Choreographed by Max Perry 5/22/08

Phrased Line Dance, Inter/Advanced

Night Club 2 / Cha Cha

Music: "Take It To The Heart" Anthony Callea (i-tunes) Australian Idol

Intro Part A The Night Club 2 Section

Count	Steps
	Nightclub Basic to 1 and ½ Traveling Pivot Right
1,2&3	Step L to left side, Rock R back, Step L in place, Turn ¼ right as you step R forward
4&5	Turn ½ right as you step L back, Turn ½ right and step R forward, Turn ¼ right and step L to left side (starting another basic on the 6:00 wall)
6&	Rock R back, Step L in place
	Forward, Side, Cross Behind Turning ½ Right , Point, Cross Side Rock, Cross Side Rock
7&8&	Turn ¼ right and step R forward, Turn ¼ right and step L to left side, Cross R behind L, Point L toe to left side (face 12:00)
1,2&	Cross L behind Right, Rock R to right side, Step L in place (you may circle right arm under and over as you rock to the side)
3,4&	Cross R over L, Rock L to left side, Step R in place (circle L arm under and over as you rock to the left side)
	Cross, Side, Behind, Ronde', Cross Side, In Front Ronde'
5&6&	Cross L over R , Step R to right side, Cross L behind R, Circle R to right side
7&8&	Cross R behind, Step L to left side, Cross R over L, Circle L to left side
	Cross, Back, Forward Turning ¾ Left
1&2	Cross L over R, Step R back Turning left, Step L forward completing a ¾ left turn to face the 3:00 wall, (think of this as a move similar to a jazz box turning ¾ left)
	½ Pivot Turn Left, Step Forward, Rock Forward, Step Back Cross Unwind
3&4	Step R forward & turn ½ left, Step L in place, Step R forward
5&6,7	Rock L forward, Step R in place, Step L back, Step R back
8&	Cross L behind R, Unwind 1 full turn left with weight ending up on the right foot. (facing 9:00)

Part B The Cha Cha Section – Main Body Of The Dance

	Side, Rock Step, Cha Cha Lock Forward, Syncopated Forward And Back Rocks
1,2,3	Step L to left side, Rock R back, Step L in place
4&5	Step R forward, Cross L up to and behind R, Step R forward
6&7&8&	Rock L forward, Step R in place, Rock L back, Step R in place, Rock L forward, Step R in place
	Back, Side Cross, Forward Turning ½ Right, Forward Rock
1,2&3	Step L back, Turn ¼ right and step R to right side (face 12:00), Cross L over R, Turn ¼ right and step R forward (face 3:00)
4&	Rock L forward, Step R in place

Syncopated Sailor Shuffles

5,6&7 Step L to left side, Cross R behind L, Step L to left side, Step R in place
&8&1 Cross L behind R, Step R to right side, Step L in place, Step R next to left (together)

½ Pivot Turn to ½ Turn Cha Cha Basic Back

2,3 Step L forward & turn ½ right, Step Right in place
4&5 Continue to turn ½ right as you step L,R,L moving back slightly on the cha cha cha
6,7 Rock R back, Step L in place (still face 3:00)

Cross Over Breaks With Touches

8&1 Step R to right side, Step L next to R, Step R to right side (turn toe out)
&2,3 Quickly cross rock L over R, Touch R up to and behind L, Step R in place
4&5 Step L to left side, Step R next to L, Step L to left side (turn out L toe)
&6,7 Cross rock R over L, Touch L up to and behind R, Step L in place
8& Step R to right side, Step L next to R

Right Walk Around Turn (360), Right Walk Around (3/4)

1,2,3 Turn R toe out as you step R to right side, Step L forward and across L turning right,
Step R in place continuing to turn (try to get a full 360 on the 3 steps. If not then use
the next 2)
4& Step L to left side, Step R next to L
5,6,7 Step L to left side toe turned out, Step R forward and across L turning left, Step L in
place continuing to turn but only 3/4
8& Step R forward, Step L forward (6:00)

Basic To Knee Knee, Skate, Skate, Basic Forward & Back

1,2,3 Step R forward, Rock L forward, Step R in place
4&5 Step L back, Step R back, Step L next to R
6,7 Bend R knee over L knee, Bend L knee over R knee
8,1 Left Skate (swivel) forward, R Skate (swivel) forward

½ Pivot Turn to ½ Turn Cha Cha Basic Back

2,3 Step L forward & turn ½ right, Step Right in place
4&5 Continue to turn ½ right as you step L,R,L moving backward slightly on the
cha cha cha's
6,7 Rock R back, Step L in place

Side Basic To Cross Over Breaks (regular ones)

8& Step R to right side, Step L next to R
1,2,3 Step R to right side (toe turned out), Cross Rock L over R, Step R in place
4& Step L to left side, Step R next to L
5,6,7 Step L to left side (toe turned out), Cross Rock R over L, Step L in place
8 Step R to right side

Cross Unwind

1,2,3,4 Cross L over Right, Unwind 360 right, weight on R foot.

End of Dance

How to Put it Together

After a 16 count intro, dance section A (the night club 2 section), then directly into the Cha Cha section. Start over and do part A, then the Cha Cha part B.

On the bridge in the middle, you will do a shortened version of part A – dance the Nightclub section up to the cross side rocks, do the cross in front, then step together.

Dance section B but leave off the Cross Unwind at the end, Dance the B again and put the cross unwind on the very end of the dance.