



She Used To Be Mine



Choreographed by **Rachael McEnaney-White (UK/USA) & Caroline Pillar (UK)**
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Description: 96 counts, 2 wall, Advanced level Waltz line dance.
Music: "She Used To Be Mine" – Sara Bareilles. Album: What's Inside (Songs from the Waitress ([available as single on itunes](#) & other mp3 sites) (approx 4.10 mins). *Special thanks to Louis St George for suggesting this track*
Count In: 12 counts from start of track, begin on vocals. Approx 65 bpm officially. The way the dance is counted it would be 130bpm.
Notes: 1 restarts – 3rd wall after 12 counts restart facing 6.00. **Video:** [YouTube](#) or [Facebook](#)

Section	Footwork	Time Facing
1 – 12	L fwd, hold, R fwd, L fwd, ½ pivot R, L fwd into full spiral turn R, R twinkle	
123 456	Step forward L (1), hold (2, 3), step forward R (4), step forward L (5), pivot ½ turn right (weight ends R) (6)	6.00
123 456	Step forward L as you begin a full spiral turn right (1,2,3), cross R over L (4), step L to left side (5), step R to right diagonal (6)	6.00
	<i>Restart On the 3rd wall (3rd wall begins facing 12.00) restart the dance here (you will be facing 6.00 to restart)</i>	
13 – 24	L fwd, R point, hold, R back, L point, hold, L fwd, R fwd rock, R back, ¼ L, R cross	
123 456	Make 1/8 turn right stepping forward L (1), point R to right side (2), hold (3), step back R (4), point L to left side (5), hold (6)	7.30
123 456	Step forward L (1), rock forward R (2), recover weight L (3), step back R (4), make ¼ turn left stepping L to left (5), cross R over L (6)	4.30
25 – 36	¼ turn L as you drag R toe "shoes", R ronde into passé, R behind, L side rock, L behind, R side rock	
1	Make ¼ turn left stepping forward L as you begin to drag R toe (1),	1.30
2 3	Keeping weight L continue dragging R toe (R knee softly bent and turned inwards) in a half circle motion to end in front of L (2,3)	1.30
4 5 6	Lift R toe off floor and ronde out to right side (4), bend knee and begin to bring R foot in towards L knee (5), right foot continues to come in towards L knee (weight remains L) (6)	1.30
1 2 3	Step R back and slightly behind L (1), rock L to left side (2), recover weight R (3),	1.30
4 5 6	Step L back and slightly behind R (4), rock R to right side (5), recover weight L (6)	1.30
37 – 48	R behind, L side, R cross, ½ turn L with R hitch, R cross, ¼ turn R, ½ turn R, fwd L-R, L close with R leg lift	
1 2 3	Cross R behind L (1), step L to left side (2), cross R over L (3),	1.30
4 5 6	Make ¼ turn left stepping forward L as you hitch R knee (weight L) (4), continue a further ¼ turn left in this position (weight L) (5,6)	7.30
1 2 3	Cross R over L (1), make ¼ turn right stepping back L (2), make ½ turn right stepping forward R (3)	4.30
4 5 6	Step forward L (4), step forward R (5), step L next to R as you release R leg forward (like a kick) (6)	4.30
49 - 60	R fwd, ½ turn L with L developpe, L fwd, ½ pivot R, 1/2 turn R back L with sweep, R behind, L side, R cross	
1 2 3	Step forward R (1), lift L leg up behind you (like a flick) (2), make ½ turn left on ball of right as you bring L foot towards R knee (3) <i>Notes: This should feel like 1 fluid motion, don't try to break down each separate count.</i>	10.30
4 5 6	Step forward L (4), begin ½ pivot turn right (keep weight L) (5), finish ½ pivot as you transfer weight to R (6)	4.30
1 2 3	Make ½ turn right stepping back L (1), sweep R from front to back (2,3)	10.30
4 5 6	Square up to 12.00 as you cross R behind L (4), step L to left side (5), cross R over L (6)	12.00
61 - 72	L side with R drag, R side with L drag, L cross, ¼ turn L back R, back L, R coaster step	
123 456	Take big to left side with L (1), drag R towards L (2,3), take big step to right side with R (4), drag L towards R (5,6)	12.00
123 456	Cross L over R (1), make ¼ turn left stepping back R (2), step back L (3), step back R (4), step L next to R (5), step forward R (6)	9.00
73 - 84	L fwd, R point into full Monterey turn with sweep, L cross, R kick-hook, R twinkle.	
123 456	Step forward L (1), point R to right (2), hold (3), make full turn right as you step R next to L (4), finish turn sweeping L (5), hold (6)	9.00
123	Cross L over R (1), kick R to right diagonal (2), bring R foot in towards L knee (like a hook) (3),	9.00
456	Cross R over L (4), rock L to left (5), recover weight R (6)	9.00
85 – 96	L cross, ¼ L back R, ¼ L side R, R cross, ¼ R back L, ¼ R side R, L cross, R sweep, R cross, ¼ R back L, ½ R fwd	
123	Cross L over R (1), make ¼ turn left stepping back R (2), make ¼ turn left stepping L to left (3),	3.00
4 5 6	Cross R over (4), make ¼ turn right stepping back L (5), make ¼ turn right stepping R to right (6)	9.00
123 456	Cross L over R (1). sweep R (2,3). cross R over L (4). make ¼ turn right stepping back L (5). make ½ turn right stepping forward R (6)	6.00