



Approved by:

# Rockin My Life Away

## 4 WALL - 48 COUNTS - BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Side, Hold, Back Rock (x 2)</b> Step right to right side. Hold. Rock back on left. Recover onto right. Step left to left side. Hold. Rock back on right. Recover onto left.	Side Hold Back Rock Side Hold Back Rock	Right On the spot Left On the spot
<b>Section 2</b> 1 - 2 3 - 4 5 - 6 7 - 8 <b>Option</b>	<b>Step, Hold, Step Pivot 1/2 Step, Hold, Full Turn</b> Step right forward. Hold. Step left forward. Pivot 1/2 turn right (weight onto right). Step left forward. Hold. Make 1/2 turn left stepping right back. Make 1/2 turn left stepping left forward. Replace full turn with Walk forward right, walk forward left.	Step Hold Step Pivot Step Hold Turn Turn	Forward Turning right Forward Turning left
<b>Section 3</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Side, Hold, Cross Rock (x 2)</b> Step right to right side. Hold. Cross rock left over right. Recover onto right. Step left to left side. Hold. Cross rock right over left. Recover onto left.	Side Hold Cross Rock Side Hold Cross Rock	Right On the spot Left On the spot
<b>Section 4</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Side, Hold, Weave 1/4 Turn, Hold</b> Step right to right side. Hold. Cross left over right. Step right to right side. Cross left behind right. Step right 1/4 turn right. Step left forward. Hold.	Side Hold Cross Side Behind Turn Step Hold	Right Turning right Forward
<b>Section 5</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Side Rock, Cross, Hold (x 2)</b> Rock right to right side. Recover onto left. Cross right over left. Hold. Rock left to left side. Recover onto right. Cross left over right. Hold.	Side Rock Cross Hold Side Rock Cross Hold	On the spot Left On the spot Right
<b>Section 6</b> 1 - 2 3 - 4 5 - 8	<b>Step, Pivot 1/2, Step, Hold, Run x 3, Hold</b> Step right forward. Pivot 1/2 turn left. Step right forward. Hold. Run forward, stepping - left, right, left. Hold.	Step Pivot Step Hold Run Run Run Hold	Turning left Forward Forward

**Choreographed by:** Ann Wood

**Choreographed to:** 'Rockin' My Life Away' by Kenny Johnson (170 bpm); available as free download from [www.linedancermagazine.com](http://www.linedancermagazine.com) (32 count intro - start on vocals)

**Music Suggestion:** 'Rockin' My Life Away' by Jerry Lee Lewis from CD By Innovation Only, Album One