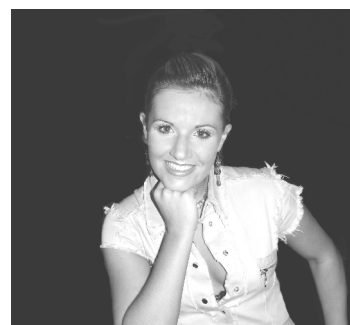




# Prison Break

Choreographed by Rachael McEnaney (November 2007)  
<http://www.dancepizazz.com> - [Rachael@dancepizazz.com](mailto:Rachael@dancepizazz.com)  
[www.mastersinline.com](http://www.mastersinline.com) [rachael@mastersinline.com](mailto:rachael@mastersinline.com)  
 Tel: 07968 181933



**Description:** 64 Counts, 4 Walls, Easy Intermediate  
**Music:** Jailhouse Rock by The Blues Brothers  
**Count In:** 32 counts from start of track.  
**Alternate Music:**  
**Notes:**

Section	Footwork	End Facing
Counts		
1 - 16	Heel strut rock step, heel strut rock step, Cross hold, back side cross, hold, rock step with 1/4 turn	
1 - 4	Touch right heel forward (1), drop right toe to floor taking weight (2), rock left to left side (3), recover weight to right (4)	12.00
5 - 8	Touch left heel forward (5), drop left toe to floor taking weight (6), rock right to right side (7), recover weight to left (8)	12.00
1 - 4	Cross right over left (1), hold (2), step back on left (3), step right to right side (4),	12.00
5 - 8	Cross left over right (5), hold (6), rock right to right side (7) recover weight to left making 1/4 left (8)	9.00
17 - 32	1/2 Pivot turn, 2 runs, step touch, step touch, step touch, rock forward, run back.	
1 - 4	Step forward on right (1), hold (2), step forward on left (3), pivot 1/2 turn right (4)	3.00
5 - 8	Step forward on left (5), hold (6), step forward on right (7), step forward on left (8)	3.00
1 - 4	Step forward on right (1), touch left next to right (2), step forward on left (3), touch right next to left (4)	3.00
5 - 8	Rock forward on right (5), recover weight onto left (6), step back on right (7), step back on left (8)	3.00
32 - 48	Big step back, hold, back rock, 2 toe struts, lindy rock step kick step, rock step kick step	
1 - 4	Take big step back on right (1), hold (2), rock back on left (3), recover weight onto right (4)	3.00
5 - 8	Touch left toe forward (5), drop left heel to floor taking weight (6), touch right toe forward (7), drop right heel to floor (8)	3.00
1 - 2	Rock back on left foot (angle body to right diagonal) (1), recover weight onto right (2)	4.30
3 - 4	Kick left to right diagonal (3) step in place and slightly forward with left (4)	4.30
5 - 6	Rock back on right foot (angle body to left diagonal) (5), recover weight on left making 1/4 turn left (face front) (6)	1.30
7 - 8	Kick right foot forward (7), step in place with right (8)	12.00
49 - 64	Diagonal step touch, touch out in, diagonal step touch, touch out in, kick behind side cross x2 (2 <sup>nd</sup> with 1/4)	
1 - 4	Step left to left diagonal (1), touch right next to left (2), touch right to right side (3), touch right next to left (4)	12.00
5 - 8	Step right to right diagonal (5), touch left next to right (6), touch left to left side (7), step left next to right (8)	12.00
1 - 4	Kick right to right diagonal (1), cross right behind left (2), step left to left side (3), cross right over left (4)	12.00
5 - 8	Kick left to left diagonal (5), cross left behind right (6), make 1/4 turn right stepping forward right (7), step forward left (8)	3.00

START AGAIN, HAVE FUN! ☺