

Prejudice

4 wall Phrased Advanced line dance - Sequence AA B CC AA B CCCC AA B CCCC

Choreographed By: Debbie McLaughlin (UK) September 2011

Choreographed to: 'Free Your Mind' by En Vogue

Count In: On lyrics 'I wear tight clothing.....'

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PART A - Verse

WALK, WALK, ROCK & CROSS, ¼ TURN SIDE, CROSS, SIDE, BEHIND SIDE

1 – 2 Walk forward R, Walk forward L

3&4 Rock forward onto R, Recover back onto L, Cross R over L (slightly angling body to 10 o clock)

&5 6 Straightening back up to 12 o clock step back on L, making ¼ turn R step R to R side, Cross L over R

7 8& Step R big Step to right side (Dip slightly and grind up to R hip), Cross L behind R, Step R to R side

CROSS, TOUCH & TOUCH OUT OUT IN, CROSS SHUFFLE, SWIVEL & SWIVEL ¼ TURN

1 2&3 Cross L over R, Tap R forward, Step R in place, Tap L forward

&4& Step L slightly to L side, Step R to R side, Step L beside R

5&6 Cross R over L, Step L to L side, Cross R over L

7&8 Swivel heels R, L, R, whilst making a ¼ turn L (weight ends on R facing 12 o clock)

& CROSS, ROCK RECOVER & ¼ TURN, STEP ½ TURN, ½ TURN, WALK BACK ,BACK

&123 Step L in place, Cross R over L, Rock L out to L side, Recover weight back onto R

&4 Step L beside R, Make ¼ turn R stepping forward on R (3 o clock)

5&6 Step forward L, Pivot ½ turn R taking weight forward on R, Make ½ turn R stepping back on L

7 8 Walk back R, Walk back L

BACK ROCK, KICK STEP, STEP ½ TURN TOUCH & TOUCH & TOUCH, BODY ROLL, BACK ROCK

1&2& Rock back on R, Recover forward on L, Kick R forward, Step R slightly forward

3&4& Step forward on L, Pivot ½ turn R taking weight forward on R, Touch L to L side, Step L beside R

5&6 Touch R to R side, Step R beside L, Touch L to L side

7 8 Body roll to L side taking weight onto L, Touch R beside L

PART B - Bridge

SEXY WALKS x4

1 2 Walk forward R (crossing slightly over L), Hold

3 4 Walk forward L (crossing slightly over R), Hold

5 6 Walk forward R (crossing slightly over L), Hold

7 8 Walk forward L (crossing slightly over R), Hold

(Note: Make these walks slow and sexy. If you want to add finger clicks on the 'holds' then feel free!)

STEP ½ TURN, STEP ½ TURN, STEP ½ TURN STEP, TRIPLE FULL TURN

1 2 Step forward on R, Pivot ½ turn L taking weight forward on L

3 4 Step forward on R, Pivot ½ turn L taking weight forward on L

5&6 Step forward on R, Pivot ½ turn L taking weight forward on L, Step R forward (prep for turn)

7&8 Make ½ turn R stepping back on L, Make ½ turn R stepping forward on R, step L forward

STEP ¼ PIVOTS x4

- 1 2 Step R forward, Pivot ¼ turn L taking weight on L
- 3 4 Step R forward, Pivot ¼ turn L taking weight on L
- 5 6 Step R forward, Pivot ¼ turn L taking weight on L
- 7 8 Step R forward, Pivot ¼ turn L taking weight on L

CROSS ROCK, SIDE ROCK, CROSS ¼ TURN SIDE TOGETHER, POINT & POINT & POINT, BACK ROCK

- 1&2& Rock R across front of L, Recover weight onto L, Rock R out to R side, Recover weight onto L
- 3&4& Cross R over L, make ¼ turn R stepping back on L, Step R to R side, Step L beside R
- 5&6& Touch R to R side, Step R beside L, Touch L to L side, Step L beside R
- 7&8 Touch R to R side, Rock back on R, Recover weight forward onto L

PART C – Chorus

KICK & STEP ¾ TURN, ROCK &, CROSS SIDE BEHIND ¼ TURN. STEP ½ TURN TOUCH

- 1&2& Kick R forward, Step R in place, Step L forward, Pivot ¾ turn R taking weight onto R
- 4& Rock L out to L side, Recover weight onto R
- 5&6& Cross L over R, Step R to R side, Cross L behind R, Make ¼ turn R stepping forward R
- 7&8 Step forward on L, Pivot ½ turn R taking weight forward onto R, Touch L beside R

OUT OUT IN CROSS UNWIND ¾ TURN, WALK WALK, BACK LOCK BACK &

- &1&2 Step L to L side, Step R to R side, Step L beside R, Cross R over L
- 3 4 Slowly unwind ¾ turn L over 2 counts ending with weight on L
- 5 6 Walk forward R, Walk forward L
- 7&8& Step back on R, Lock L across front of R, Step back on R, Step L beside R

SEQUENCE – AA B CC AA B CCCC AA B CCCC

Ending – After completing the very last 'C', make ¼ turn L and step R to R side to finish facing 12 o'clock