

# Pose

Choreographed by **Rachael McEnaney** (January 2009)  
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**Description:** 64 Counts, 4 Walls, Intermediate/Advanced  
**Music:** Pose – Snoop Dog Feat Justin Timberlake (available on itunes)  
**Count In:** 32 counts from start of track. Dance begins on vocals  
**Notes:** Tag at end of 3rd wall: At end of 3rd wall step left next to right on &, then repeat counts 49 – 64.

Section	Footwork	End Facing
<b>1 - 8</b>	<b>Look left, shoulder roll &amp; right knee pop, right hitch, ¼ turn kick, ball step, walk, chase left</b>	
1 - 2	Start dance with feet shoulder width apart: Turn head left (looking at 9.00) (1), Pop right knee in towards left while turning both shoulders ¼ turn left as you roll right shoulder forward and snap fingers down (2)	12.00
3 - 4	Straighten body up to 12.00 while hitching right knee (3), make ¼ turn right on ball of left kicking right foot forward (4)	3.00
& 5 - 6	Step ball of right next to left (&), step forward on left (5), step forward on right (6),	3.00
7 & 8	Step left to left side (7), step right next to left (&), step left to left side (8)	3.00
<b>9 - 16</b>	<b>Right jazz box, ball cross, ¼ turn right, ½ turn left, right kick</b>	
1 - 4	Cross right over left (1), step back on left (2), step right to right side (snap right fingers) (3), step left to left side (4)(snap left fingers)	3.00
& 5	Step in place with ball of right foot (&), cross left over right (5)	3.00
6 - 8	Make ¼ turn right stepping forward on right (6), make ½ turn left stepping forward on left (7), kick right foot forward across left (8)	12.00
<b>17 - 24</b>	<b>Back touch, back touch, step right left, hitch, step point, close, side, hip bumps right with left hitch.</b>	
& 1 & 2	Step diagonally back on right (&), touch left next to right (1), step diagonally back on left (&), touch right next to left (2)	12.00
& 3	Step right small step to right side (&), step left to left side (3)	12.00
4 - 6	Hitch right knee (4), step right next to left (&), touch left to left side (5), step left next to right (&), step right to right side (6)	12.00
7 & 8	Bump hips to right (7), bump hips to left (&), bump hips to right as you hitch left leg (8) (tilt head right throwing R arm across body)	12.00
<b>25 - 32</b>	<b>Step left side, right cross, step left, step right, step left side, right cross, ¾ triple step turn left</b>	
1 - 4	Step left to left side (1), cross right over left (2), step left to left side rolling hips left (3), step right to right side rolling hips right (4)	12.00
5 - 8	Step left to left side (5), cross right over left (6), make ¾ turn left stepping left, right, left (7&8), end with left foot forward.	3.00
<b>33 - 40</b>	<b>Do Shuffles &amp; Skates all on diagonals - Skate R, shuffle L, skate R, skate L, ¼ turn right doing R cross shuffle with heel jack</b>	
1 - 4	Skate forward on right (1), step forward on left (2), step right next to left (&), step forward on left (3), skate forward on right (4)	3.00
5 - 8	Skate forward on left (5), make ¼ turn right crossing right over left (6), step left to left side (&), cross right over left (7) Step left to left side (&), touch right heel to right diagonal (8)	6.00
<b>41 - 48</b>	<b>Ball, L cross shuffle, ¼ turn right skating R, L, ¼ turn right doing R crossing shuffle, L side mambo</b>	
1 - 4	Step in place with right (&), cross left over right (1), step right to right side (&), cross left over right (2), Make ¼ turn right skating forward on right (3), skate forward on left (4)	9.00
5 - 8	Make ¼ turn right crossing right over left (5), step left to left side (&), cross right over left (6) Rock left to left side (7), recover weight onto right (&), step left next to right (8)	12.00
<b>49 - 56</b>	<b>2 Walks forward, step side R with ¼ turn L, touch L to L side, ¼ L, ¼ L, L behind side cross</b>	
1 - 4	Walk forward right (1), walk forward left (2), make ¼ turn left stepping right to right side (3), touch left to left side (4) <b>Arm styling:</b> Swing R arm clockwise in circle snapping fingers (1,2), R hand touches L hip (3), snap fingers to R side looking to 12.00 (4)	9.00
5 - 6	Make ¼ turn left stepping forward on left (5), make ¼ turn left stepping right to right side (6),	3.00
7 & 8	Cross left behind right (7), step right to right side (&), cross left over right (8)	3.00
<b>57 - 64</b>	<b>R toe heel cross, L coaster step, snake roll right, hip thrust forward back with arms, step right</b>	
1 - 4	Touch right toe next to left instep (1), touch right heel to right diagonal (&), cross right over left (2), step back on left (3), step right next to left (&), step forward on left (4)	3.00
5 - 6	Step right to right side doing right side snake/body roll (imagine putting head then body through hoop) (5), step left next to right (6)	3.00
7 & 8	Push hips forward punching arms back (7), push hips back punching arms forward & crossed (&), step right to right side punching arms by side (8)	3.00