

# One Love Is All We Need



32 Count – 2 wall – intermediate level

Intro – 32 counts – start on the word ‘killing’

Choreographed by Alan Haywood (UK) (October 2009)

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Choreographed to “Just One Love” by Michael Bolton – from the One World One Love album – 190 bpm. Album available from Amazon.co.uk or Play.com and single available to download from iTunes

## Section 1

**R kick ball cross & L back, R over, hinge ½ R, R side rock, recover L**

1&2 Kick right forward, step right next to left, cross step left over right

&3-4 Step right to right side, step left back, cross step right over left

5&6 Make ¼ turn right (left back), pivot ¼ right (right side), cross step left over right (6 o'clock)

7-8 Rock right to right side, recover weight onto left

## Section 2

**R behind & ¼ L, R shuffle forward, rock forward L, recover R, triple 1½ L, R forward**

1& Cross step right behind left, step left ¼ left (3 o'clock)

2&3 Step forward onto right, close left next to right, step forward onto right

4-5 Rock forward onto left, recover weight back onto right

6&7 Triple 1½ turn left stepping left right left (**easy option – shuffle ½ left**) (9 o'clock)

8 Step forward onto right

## Section 3

**L kick ball cross & R behind, L side, cross rock R over L & R ¼ R, L forward, ½ R**

1&2 Kick left forward, step left next to right, cross step right over left

&3-4 Step left to left side, cross step right behind left, step left to left side

5&6 Cross rock right over left, recover weight onto left, step right ¼ right (12 o'clock)

7-8 Step forward onto left, pivot ½ turn right (6 o'clock)

## Section 4

**L over twinkle, R over twinkle, cross lock L over R, unwind full turn R, L side, touch R**

1&2 Cross step left over right, step right to right side, step left to left side

3&4 Cross step right over left, step left to left side, step right to right side

5-6 Cross lock left over right (toes only), unwind a full turn right, (weight right) (6 o'clock)

**(Easy option: cross step left over right, step right to right side)**

7-8 Step left to left side, touch right next to left

**REPEAT AND ENJOY!!!!**

**DON'T BE PUT OFF BY THIS WRITING – IT'S VERY EASY WHEN YOU DO THE DANCE EXPLAINING IT IS WHAT'S TAKEN THE AMOUNT OF WRITING!**

## TAG

End of walls 1 (6 o'clock) and 4 (12 o'clock).

He sings the word ‘**Tonight**’ over 6 counts. Take arms out to each side, then bring them together, palms facing in front of chest. Restart with the kick ball cross when he sings the word “**Need**”

Wall 6 he sings slower, you will start this wall facing 6 o'clock. At the end of this wall, facing 12 o'clock, you will need to pause and then kick ball cross to start the dance again on beat just before the word ‘one’

Beware of a false ending in the music during wall 8.

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