

Now and Later

Niels Poulsen (DK): nielsbp@gmail.com

April 2017



Type of dance: 32 counts, 4 walls, int/adv funky line dance
 Music: **Now and later** by Sage the Gemini. Track length: 3.45. Buy on iTunes, etc.
 Intro: 48 counts into music (app. 29 secs. into track). Start with weight on L foot
 Note: NO TAGS – NO RESTARTS!

Counts	Footwork	End facing
1 – 8	Side R&L with heel twists, side R slide, back rock, side behind, ¼ L mambo, body roll	
1&2&	Step R to R side (1), twist L heel to R side (&), twist L heel to neutral stepping down on L (2), twist R heel to L side (&)	12:00
3 – 4&	As you twist R heel to neutral position you step R a big step to R side dragging L foot towards R (3), rock back on L (4), recover onto R (&)	12:00
5&	Step L to L side (5), cross R behind L (&)	12:00
6&7	Turn ¼ L rocking L fwd (6), recover back on R (&), step L foot back starting a body roll from head and down through body (7)	9:00
8	Finish body roll (8) – <i>weight on L</i>	9:00
9 – 16	Ball back, R toe fan, ball touch, full R unwind, ¼ R into cross shuffle, ¼ R side, walk L	
&1&2	Step R back (&), step L back (1), fan R toe to L side turning body slightly L and dipping down in knees (&), fan R toe back to centre stepping onto R and straightening knees (2)	9:00
&3 – 4	Step L fwd (&), touch R behind L (3), unwind full turn R changing weight fwd to R (4)	9:00
&5&6	Turn ¼ R stepping L a small step to L side L (&), cross R over L (5), step L a small step L side (&), cross R over L (6)	12:00
&7 – 8	Turn ¼ R stepping back on L (&), step R to R side (7), walk L diagonally fwd R (8)	4:30
17 – 24	R rocking chair, fwd R, 1/8 L with R kick, R & L jazz boxes back, ½ L with styling!	
1&2&	Rock R fwd (1), recover back on L (&), rock back on R (2), recover fwd onto L (&)	4:30
3 – 4	Step R fwd (3), turn 1/8 L fwd and kicking R fwd at the same time (4)	3:00
5&6	Cross R over L (5), step back on L (&), turn 1/8 R stepping R to R side (6)	4:30
&7 – 8	Cross L over R (&), turn 1/8 L stepping back on R (7), go up on ball of R turning ½ L and swinging L leg around in a ronde thumping down on L foot... (8)	9:00
25 – 32	R mambo, big ball step back, together, R samba step, cross, full turn L	
1&2	Rock R fwd (1), recover back on L (&), step R back (2)	9:00
&3 – 4	Step L next to R (&), step R a big step back (3), step L next to R (4)	9:00
5&6	Cross R over L (5), rock L to L side (&), recover on R (6)	9:00
&7 – 8	Cross L over R (&), turn ¼ L on L stepping R back (7), turn ¾ L on R crossing L over R (8)	9:00
Start again		
Ending	Wall 9 is your last wall (starts at 12:00). Do the first 23 counts of the dance. However, change the ½ L on count 24 to a ¼ L stepping L to L side. You're now facing 12:00 again. 😊	12:00