

Nice and Slow

Choreographed by Scott Blevins (May 2012)

32 Count, 4 Wall Intermediate NC2 line dance

Choreographed to: "Soldier" by Gavin DeGraw

Album: "Sweeter", single or album available on iTunes or Amazon

16 count intro, to start 1 beat before lyrics (the word Where is count 2)

1-8

- 1,2& 1) Step R to right; 2) Turn $\frac{1}{2}$ right stepping L next to R; &) Turn $\frac{1}{2}$ right stepping R to right
3,4 3) Rotate body to right from waist up, while bending Right knee and pointing L toe to left;
4) Turn $\frac{1}{4}$ left stepping forward on L [9:00]
5&6 5) Step R forward; &) Pivot $\frac{1}{2}$ left over left shoulder taking weight on L [3:00]
6) Turn $\frac{1}{4}$ left stepping R to right [12:00]
7&8 7) Step on ball of L behind R; &) Step on ball of R next to L; 8) Step L to left

9-16

- 1,2 1) Turn $\frac{1}{2}$ left rocking on R to right side pushing hip over R foot; 2) Recover weight to L [6:00]
3,4& 3) Turn $\frac{1}{2}$ left and step R a large step to right [12:00]; 4) Step on ball of L behind R;
&) Step R across L
5,6& 5) Step L a large step to left; 6) Rock R across L; &) Recover weight back on L
7,8& 7) Step R a large step to right; 8) Step ball of L across R; &) Unwind 1 full turn to right taking
weight on R [12:00]

17-24

- 1,2& 1) Step L to left; 2) Step R behind L; &) Turn $\frac{1}{4}$ left stepping forward on L [9:00]
3&4 3) Step R forward; &) Pivot $\frac{1}{2}$ turn left, rotating hips counter clockwise
4) Take weight forward onto L foot [3:00]
5&6& 5) Take a small step forward on R bending knees slightly and pushing knees to right;
&) Take a small step forward on L bending knees slightly and pushing knees to left;
6) Rock forward on R; &) Recover back on L
7,8& 7) Turn $\frac{1}{4}$ right over R shoulder stepping R a large step to right; [6:00] 8) Step ball of L across R;
&) Unwind 1 full turn to right taking weight on R [6:00]

25-32

- 1,2& 1) Step L to left side; 2) Step R behind L; &) Turn $\frac{1}{4}$ left stepping forward on L [3:00]
3,4 3) Step R forward; 4) Pivot $\frac{3}{4}$ turn left over L shoulder taking weight onto L [6:00]
5&6& 5) Step R to right; &) Step L behind R; 6) Step R to right; &) Step L forward and across R
7,8 7) Step R forward; 8) Pivot $\frac{3}{4}$ left over L shoulder taking weight on L [9:00]

Begin Again and Enjoy!

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