

My Thing

Choreographer: Malene Jakobsen, Denmark
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Type of dance: 32 counts, 4 walls
Level: High intermediate
Choreographed to: Dat Thing by Club des Belugas from the album Forward, available on iTunes, 108 BPM
Intro: 16 counts from the beginning, 11 sec. into track - dance begins with weight on L
Tag: There's a 16 count tag after wall 1, you'll be facing 3.00

Counts	Footwork	Facing
1-8	Ball 1/8, 1/4, run 5/8, behind side, cross rock, side, touch, kick	
&1-2	(&) Step fwd. on R turning 1/8 L, (1) cross L over R, (2) turn 1/4 R stepping fwd. on R	1.30
3&4	(3&4) Run 5/8 R finishing with stepping L to L (small steps)	9.00
5&6&	(5) Cross R behind, (&) step L to L, (6) cross rock R over L, (6) recover onto L (small steps)	9.00
7&8	(7) Step R to R, (&) touch L next to R, (8) low kick L diagonally L	9.00
9-16	Side, cross, 1/4, 1/4, fwd., 1/2, 3/8, shuffle	
1-2	(1) Step L to L, (2) cross R over L	9.00
3&4	(3) turn 1/4 R stepping back on L, (&) turn 1/4 R stepping slightly fwd. on R, (4) step fwd. on L prepping to turn L	3.00
5-6	(5) Turn 1/2 L stepping back on R, (6) turn 3/8 L stepping fwd. on L	4.30
7&8	(7) Step fwd. on R, (&) step R next to L, (8) step fwd. on R	4.30
17-24	Fwd. coaster with shoulder pops, coaster step, bump 3/8, bump,	
&1-2	(&) Step fwd. on L (pop R shoulder up, L shoulder down), (1) step R next to L (pop L shoulder up, R shoulder down), (2) step back on L	4.30
3&4	(3) Step back on R, (&) step L next to R, (4) step fwd. on R	4.30
5&6&	(5&6&) Step L slightly L and start bumping your hips L, R, L, R making 3/8 R	9.00
7-8	(7) Put down your weight on L starting to sweep R from front to back, (8) finish the sweep	9.00
25-32	Sailor step, behind side cross, 1/4, lock across, back, 1/4, walk R, L	
&1-2	(&) Cross R behind L, (1) step L to L, (2) step R to R	9.00
3&4	(3) Cross L behind R, (&) step R to R, (4) cross L over R	9.00
5&6	(5) Turn 1/4 L stepping back on R, (&) lock L across R (6) step back on R	6.00
&7-8	(&) Turn 1/4 stepping slightly fwd. on L, (7-8) walk fwd. R, L	3.00
TAG	Ball step, 1/4, samba step, cross, back, chassé 1/4	
1-8	Fwd., 1/4, cross shuffle, 1/4, 1/2, shuffle	
&1-2	(&) Step fwd. on R, (1) step fwd. on L, (2) turn 1/4 R	
3&4	(3) Cross L over R, (&) rock R to R, (4) recover onto L (move slightly fwd. doing this)	
5-6	(5) Cross R over L, (6) step back on L	
7&8	(7) Turn 1/4 L stepping R to R, (&) step L next to R, (8) step R to R	
9-16	Ball, side rock, touch, ball cross, 1/4, 1/4, side, fwd.	
&1-2	(&) Step L next to R, (1) rock R to R, (2) recover onto L	
3&4	(3) Touch R next to L, (&) step R next to L, (4) cross L over R	
5-6	(5) Turn 1/4 R stepping fwd. on R, (6) turn 1/4 R stepping back on L	
7-8	(8) Step R slightly R, (8) step fwd. on L	