Mio

Choreographer: Malene Jakobsen (DK) & Anja Bach Christensen (DK) April 2017

lovelinedance@live.dk anjabach3@gmail.com

Type of dance: 32 counts, 4 walls

Level: Beginner

Choreographed to: Mio the single by Dr. Bellido, available on iTunes, 120 BPM

Intro: 16 counts from when the beat kicks in and he starts singing 33 sec. seconds into track, dance begins

with L crossed over R

		Facing
Counts	Footwork	
1-8	Half turn chug, back rock, kick ball cross	
1-2-3-4	(1234) Make half turn L stepping right, right, right	6.00
5-6	(5) Rock back on L, (6) recover onto R	6.00
7&8	(7) Kick L diagonally fwd., (&) step L next to R, (8) cross R over L	6.00
9-16	Half turn chug, back rock, kick ball cross	
1-2-3-4	(1234) Make half turn R stepping left, left, left	12.00
5-6	(5) Rock back on R, (6) recover onto L	12.00
7&8	(7) Kick R diagonally R, (&) step R next to L, (8) cross L over R	
17-24	Side, together, shuffle fwd., side, together, shuffle back	
1-2	(1) Step R to R, (2) step L next to R	12.00
3&4	(3) Step fwd. on R, (&) step L next to R, (4) step fwd. on R	12.00
5-6	(5) Step L to L, (6) step R next to L	12.00
7&8	(7) Step back on L, (&) step R next to L, (8) step back on L	12.00
25-32	Back rock, shuffle fwd., 1/4, cross shuffle	
1-2	(1) Rock back on R, (2) recover onto L	12.00
3&4	(3) Step fwd. on R, (&) step L next to R, (4) step fwd. on R	12.00
5-6	(5) Step fwd. on L, (6) turn 1/4 R	3.00
7&8	(7) Cross L over R, (&) step R to R, (8) cross L over R	3.00
	Start again and have fun ©	