

Mates of Soul

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Type of dance: 64 counts, 2 walls, int/adv – west coast swing line dance
 Music: **The Mates Of Soul** by Taylor John Williams (Remastered), buy on iTunes. 3.59 mins.
 Intro: Start on the 2nd «**HO**ney» (1 second into track !!!). Start with weight on L foot.
 2 restarts: 1st: On wall 2 (starts at 6:00), do the first 32 counts and add an &-count stepping L next to R to restart the dance facing 12:00
 2nd: On wall 6 (starts at 6:00). Do the first 16 counts and restart the dance facing 6:00

Counts	Footwork	End facing
1 – 9	Monterey Turn, Sweep, Weave, Hitch, Behind ball Step, Kick Ball Step	
1 – 3	Point R to R side (1), Turn 1/2 R stepping L next to L (2), sweep L from back to front (3)	6:00
4&5	Cross L over R (4), Step R to R side (&), Cross L behind R(5)	6:00
6&7	Hitch R from front to back (6), cross R behind L (&), Step L fwd	6:00
8&1	Kick R fwd going up on ball of L (8), Step R down and next to L (&), Step L fwd (1)	6:00
10 – 16	Shorty George, Rock Step, Together, 1/2 turn Step, Triple Full Turn, Together, Back R	
2&3 – 4	Step R fwd (2), Step L fwd (&), Rock R fwd (3), Recover on L (4)	6:00
&5	Step R next to L (&), Turn 1/2 L stepping LF fwd (5)	12:00
6&7	Turn 1/2 L stepping back R (6), Turn 1/2 L stepping L fwd (&), Step R fwd (7)	12:00
8&	Step L next to R (8), Step back R (&) * 2 nd restart here, on wall 6, facing 6:00	12:00
17 – 24	Big step back L, Drag, Ball Step, ¼ L Side Step R, Cross & Hitch, Behind Side Cross	
1 – 2	Step L a big step back (1), Drag R next to L (2)	12:00
&3 – 4	Step R next to L (&), Step L fwd (3), Turn ¼ L stepping R to R side (4)	9:00
5 – 6	Cross L behind R and Hitch R knee (5), Make 1/2 circle from front to back with R knee (6)	9:00
&7 – 8	Cross R behind L (&), Step L to L side (7), Cross R over L (8)	9:00
25 – 32	Ball Step with 1/8 L, Toe Strut & Hip Bump, Step 3/8 L, Rock, Hitch, Behind, Point L	
&1	Turn 1/8 R stepping L to L side (&), Step R next to L	10:30
2&3	Touch L toes fwd (weight on R) and bump hips fwd (2), Bump hips back (&), Step on L (3)	10:30
4&5	Step R fwd (4), Turn 3/8 L stepping on L (&), Rock R fwd (5)	6:00
6 - 7 - 8	Recover on L hitching R knee (6), Cross R slightly behind L (7), Point L to L side (8) *1 st restart here, on wall 2, facing 12 :00 (see top of step sheet for detailed explanation)	6:00
33 – 40	Ball Step Diagonally, Step & Hitch, Fwd R, L Mambo Step, Drag, Ball Step, 1/8 Mambo	
&1-2	Step L next to R (&), Turn 1/8 R stepping R fwd (1), Step L next to R Hitching R knee (2)	7:30
3 - 4&	Step R fwd (3), Rock L fwd (4), Recover on L (&)	7:30
5 – 6	Step back L (5), Drag R next to L (6)	7:30
&7-8&	Step R next to L (&), Step L fwd (7), Turn 1/8 L rocking R to R side (8), Recover on L (&)	6:00
41 – 48	Cross, Hold & Cross, 1/2 turn Cross Shuffle, Mambo Cross x2	
1 - 2&3	Cross R over L (1), HOLD (2), Step L to L side (&), Cross R over L (3)	6:00
4&5	Turn 1/4 L stepping L fwd (4), Turn 1/4 L stepping R next to L (&), Cross L over R (5)	12:00
6&7	Rock R to R side (6), Recover on L (&), Cross R over L (7)	12:00
&8&	Rock L to L side (&), Recover on R (8), Cross L over R (&)	12:00
49 – 56	R side rock, ¼ L & Flick, Fwd R, Step Lock Step, Rocking Chair with 1/4 turn	
1 - 2 - 3	Rock R to R side (1), Turn ¼ L stepping L next to R and Flick R back (2), Step R fwd (3)	9:00
4&5	Step L fwd (4), Cross R behind L (&), Step L fwd (5)	9:00
6&7&	Rock R fwd (6), Recover on L turning 1/8 L (&), Rock R back (7), Recover on L turning 1/8 L	7:30
8&	Rock R fwd (8), Recover on L	6:00
57 – 64	Side R, Touch, Point, Hold, Back Rock Side, Side L, Touch, Point, Hold, Back Rock	
1 – 2a	Step R to R side (1), Touch L behind R (2), Point L to L side (a)	6:00
3 - 4&	HOLD (3) - Rock L behind R (4), Recover on R (&)	6:00
5 - 6a	Step L to L side (5), Touch R behind L (6), Point R to R side (a)	6:00
7 - 8&	HOLD (7) - Rock R behind L (8), Recover on L (&)	6:00
	ENJOY! ☺	
Ending	Wall 7 is your last wall (starts at 6:00). Finish the whole dance to end facing 12:00 again	12:00