

Love Rush

Song: Before I Cry, By Lady Gaga

Album: A Star Is Born Soundtrack, available on iTunes

Choreographed By: Simon Ward AU bellychops@hotmail.com,

Maddison Glover AU maddisonglover94@gmail.com &

Niels Poulsen DK nielsbp@gmail.com November 2018

Step Description: 2 Wall, 96 Count Advanced Waltz, Weight starts on left foot

Notes: Tag 1 on Walls 1 & 3, Tag 2 on Wall 2, Restart on Wall 5

Intro: 22 secs into track. 12 count intro from the word 'Cry' when Lady Gaga sings 'before I cry'

Specially Choreographed for Niels's 50th Birthday Bash Linedance Event



Beats Steps

1-6 R fwd, ¼ R hitching L, L twinkle turning ½ turn L

1-3 Step right forward, Make a ¼ turn right whilst hitching left knee into position four (*left foot placed next to right knee*) 3.00

4-6 Cross/step left over right, Turn ¼ L stepping back onto right, Make a further ¼ turn left & step left to left side 9.00

7-12 Cross lunge R, Recover L, R side, Cross/step L, Kick R to R, Hook R under L knee

1-3 Cross/lunge right over left, Recover weight back on left, Step right slightly to right side 9.00

4-6 Cross/step left over right, Kick right forward/out into right diagonal, Hook right foot under left knee 9.00

13-18 R twinkle turning ½ turn R, L basic fwd

1-3 Cross step right over left, Step left back turning 1/8 turn right 10.30, Make a further ½ turn right & step right forward 4.30

4-6 Step left forward, Step right beside left, Step left beside right 4.30

19-24 R basic back, L fwd, Sweep R

1-3 Step right back, Step left beside right, Step right beside left 4.30

4-6 Step left forward, Sweep right forward for two counts 4.30 ****RESTART - (¾)Turn left on sweep to front wall on Wall 5****

25-30 R jazz box turning ½ turn R, ¼ turn R & chasse L with a ¼ turn L

1-3 Cross/step right over left, Step left back, Make a ½ turn right on left & step right forward 10.30

4-6 Turn a further ¼ turn right & step left to left side 1.30, step right beside left, Step left to left turning ¼ turn left 10.30

31-36 ¼ turn L stepping R to R, Rock L back, Recover R, Chasse L with ¼ turn L

1-3 Make a further ¼ turn left & step right to right side 7.30, Rock/step left behind right, Recover weight onto right

4-6 Step left to left side, Step right beside left, Step left to left turning ¼ turn left 4.30

37-42 3/8 turn L stepping R to R, Drag L towards R slowly, Weave R

1-3 Turn a 3/8 turn left on left foot & make a big step on right to right 12.00, Drag left towards right for two counts

4-6 Step left behind right, Step right to right side, Cross/step left over right 12.00

43-48 Step R to R, Drag L with hands to chest, Close L, R twinkle turning ½ turn R

1-3 Step right to right, Drag left towards right, Step left beside turning body slightly left for styling 12.00

(*place hands to chest slowly on these counts, elbows out to side*)

4-6 Cross/step right over left, Step left to left side turning ¼ turn right, Make a further ¼ turn right & step right to right 6.00

49-54 Fall away diamond turning left

1-3 Cross left over right, Step right to right side, Stepping back on left turning 1/8 left 4.30

4-6 Step right back, Step left to left turn 1/8 left 3.00, Step right forward 1.30

55-60 Fall away diamond turning left

1-3 Step forward onto left 1.30, Step right to right side 1.30, Step left back 1.30

4-6 Step back onto right turning 1/8 left 12.00, Step left to left 12.00, Step right slightly forward 12.00

61-66 L fwd, R lock/step fwd, Rock/step L fwd, Hold

1-3 Step left forward, Step right forward, Lock/step left behind right 12.00

4-6 Step right forward, Rock/step left forward, Hold 12.00

67-72 R back, Drag L, L basic back turning ½ turn R

1-3 Step right back dragging left foot back, Drag left for a further two counts 12.00

4-6 Step left back, Make a ½ turn right & step right forward, Step left forward 6.00

73-78 R fwd, L lock/step fwd, Rock/step R fwd, Hold

1-3 Step right forward, Step left forward, Lock/step right behind left 6.00

4-6 Step left forward, Rock/step right forward, Hold 6.00

79-84 Step L back sweeping R turning 1/8 R, R coaster step

- 1-3 Step left back sweeping right back for two counts turning 1/8 turn right 7.30
- 4-6 Step right back, Step left beside right, Step right forward 7.30

85-90 Step L fwd sweeping R turning 1/8 L, Cross/step R over L

- 1-3 Step left slightly forward sweeping right forward for two counts turning 1/8 turn left 6.00
- 4-6 Cross/step right over left, Hold, Step left to L side 6.00

91-96 Step L to L, Step R behind L sweeping L back, L sailor step

- 1-3 Step right behind left sweeping left back for two counts 6.00
- 4-6 Step left behind right, Step right slightly to right, Step left slightly forward 6.00

RESTART

Tag 1: On Walls 1 & 3 (*facing the back wall*) you will do the following 6 counts (*head facing down*):

- 1-3 Step right forward placing right hand down to diagonal with palm facing forward, Hold, Hold
- 4-6a Step left forward placing left hand down to diagonal with palm facing forward, Hold, Hold, Lift head up on the (a) count

Tag 2: On Wall 2 you will do the following 12 counts (*facing the front wall*) after count 72 (*Restart dance from Count 1*)

- 1-3 Rock step right forward, Hold, Hold,
- 4-6 Step left back, Drag right toe towards left for two counts
- 7-9 Step right back, Drag left toe towards right for two counts,
- 10-12 Step left back, Step right bedside left, step left forward

Ending: Slowly place hands on chest on count 45 & hold for 3 counts then continue on the word "1" slowly turning to the front finishing with left crossed over right. Both hands rise up from the side on cross/step.