

Let Me Down Slowly

Choreographed by **Julia Wetzel**

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Type of dance: 32 counts, 4 walls, Intermediate level line dance
 Music: Let Me Down Slowly (feat. Alessia Cara) by Alec Benjamin, Length: 2:49, BPM: 75
 Intro: 8 counts, Start dance right before start of lyrics (7 sec. into track)
 Note: No Tags or Restarts

| Counts | Footwork | Facing |
|----------------|--|--------|
| 1 - 8 | Back, Behind, Side, Cross Rock, ¼ L, Step, Lock, Step, Step, Touch, ¾ R Unwind | |
| 1, 2& | Step R back sweeping L to back (1), Step L behind R (2), Step R to right side (&) | 12:00 |
| 3, 4& | Rock L over R (3), Recover on R (4), ¼ Turn left step L fw (&) | 9:00 |
| 5&6& | Step R fw to right diag. (5), Lock L behind R (&), Step R fw to right diag. (6), Step L fw to left diag. (&) | 9:00 |
| 7, 8 | Touch R behind L (7), Unwind ¾ turn right weight on R (8) | 6:00 |
| 9 - 16 | Side, Behind, Side, Cross Rock, Hitch, Behind, 1¼ L, Step, Pivot ½ L, ½ L | |
| 1&2& | Step L to left side (1), Step R behind L (&), Step L to left side (2), Cross rock R over L (&) | 6:00 |
| 3, 4 | Recover on L and hitch R (3), Step R behind L (4) | 6:00 |
| 5&6 | ¼ Turn left step L fw (5), ½ Turn left step R back (&), ½ Turn left step L fw (6) Easy Option (5&6) ¼ Turn left shuffle: L R L | 3:00 |
| 7&8 | Step R fw (7), Pivot ½ Turn left weight on L (&), ½ Turn left step R back (8) Easy Option (7&8) R Mambo: Rock R fw (7), Recover L (&), Step R back (8) | 3:00 |
| 17- 24 | Side Rock, Behind, Side Rock, Behind, Kick, Back, Back Rock, Tap, Tap, Kick, Ball, Step | |
| | Optional Styling: On even walls (2, 4, 6) emphasize the "Down" motion with heavy Rock/Tap | |
| 1&2& | Rock L to left side "Down" (1), Recover on R (&), Step L behind R (2), Rock R to right side "Down" (&) | 3:00 |
| 3&4& | Recover on L (3), Step R behind L (&), Kick L fw (4), Step L slightly back (&) | 3:00 |
| 5&6& | Rock back on R "Down" (5), Recover on L (&), Tap R next to L "Down" (6), Tap R next to L "Down" (&) | 3:00 |
| 7&8 | Kick R fw (7), Step ball of R next to L (&), Step L fw (8) | 3:00 |
| 25 - 32 | Step, Tap, Back, Sailor ¾ R, ¼ R Out, Out, In, In, Step, ½ L Hook | |
| 1&2 | Step R fw (1), Tap L behind R (&), Step L back sweeping R to back (2) | 3:00 |
| 3&4, 5& | Step R behind L (3), ½ Turn right step L fw (&), ¼ Turn right step R fw (4), ¼ Turn right step L to left side (5), Turn right step R to right side (&) Note: Dance the Sailor into the Out-Out as a continuous turn. Use the sweep behind motion in the Sailor to generate rotation. Easy Option (3&4) R Coaster: Step R back (3), Step L next to R (&), Step R fw (4) then Out L, Out R | 3:00 |
| 6& | Step L back to center (6), Step R next to L (&) | 3:00 |
| 7, 8 | Step L fw (7), ½ Turn left on L sweeping R into a hitch, use the sweep & hook motion to aid in your rotation (8) | 9:00 |