
Remember to Vote for your favourite dances in the Linedancer Charts.

Beginner Option: Repeat 32 counts of dance only!

S.1 STOMP LFT, HEEL BOUNCES, SWITCH (&), STOMP RT, HEEL BOUNCES, SWITCH (&)

1-2-3-4& Stomp Left diagonally fwd, raise heel 3 times up and down (weight on Rt), Ball step Left next to Rt (&)

5-6-7-8& Stomp Rt diagonally fwd, raise heel 3 times up and down (weight on Left), Ball step Rt next to Left (&) (12:00)

S.2 HEEL SWITCHES LFT, RT, LFT, RT, BALL (&), CROSS LFT OVER RT ¼ OVER LFT, SIDE, CROSS, SIDE (9.00)

1&2& Left Heel Fwd, Switch weight on Left (&), Rt Heel Fwd, Switch weight on Rt (&)

3&4& Left Heel Fwd, Switch weight on Left (&), Rt Heel Fwd, Switch weight on Rt (&)

5-6-7-8 Turn ¼ over Left crossing Left over Rt, Step Rt to Side, Cross Left Over Rt, Step Rt to Side (9.00)

S.3 TOUCH TOE, WALK TO LEFT, TOUCH TOE, WALK BACK (9.00)

1-2-3-4 Touch Left toe to Left turning body to 7.30, Walk Left, Rt, Left

5-6-7-8 Touch Rt toe fwd squaring to 9 o'clock, Walk Back Rt, Left, Rt

S.4 STEP SIDE LFT, HOLD, BALL (&), SIDE, TOUCH CLAP, SIDE, LFT TOGETHER, SIDE, LFT TOUCH CLAP (9.00)

1-2&3-4 Step Left side, Hold, Ball step Rt into Left (&), Step Left side, Touch Rt next to Left with Clap

5-6-7-8 Step Rt to side, Step Left together, Step Right to side, touch Left next to Rt & Clap

Option Option on 5-6-7-8 is to shimmy or chest pop as you step side together side touch

Beginners can simply repeat the above counts to have a 4 wall 32 count dance.

Everyone will be dancing the same steps at every front and back wall

S.5 STEP LFT FWD, STEP RT FWD, PIVOT ½ OVER LFT, STEP R FWD, STEP LFT FWD, PIVOT ½ OVER RT, STEP L FWD, OUT (&) OUT .

1-2-3-4 Step Left fwd, Step Rt Fwd, Pivot ½ over Left, Step Rt fwd (3.00)

5-6-7&8 Step Left fwd, Pivot ½ over Rt, Step Left fwd, Step Rt out diagonally (&), Step Left out Diagonally (9.00)

S.6 CROSS, SIDE, BEHIND, ¼ OVER LFT STEP FWD, PIVOT ½, PIVOT ½ (6.00)

1-2-3-4 Cross Rt over Left, Step Left Side, Cross Rt Behind Left, ¼ over Left Stepping fwd on Left (6.00)

5-6,7-8 Step fwd on Rt, Pivot ½ over Left, Step fwd on Rt, Pivot ½ over Left

S.7 RUN, RUN (&), RUN FWD, ROCK, RECOVER, RUN, RUN (&), RUN BACK, ROCK, RECOVER

1&2 3-4 Run Fwd Rt, Left (&), Rt, Rock fwd onto Left, Recover on Rt

5&6 7-8 Run Back Left, Rt (&), Left, Rock Back onto Rt, Recover Left

S.8 STEP SIDE RT, HOLD, BALL (&), SIDE, TOUCH. ROLLING VINE TO LFT CROSS (6.00)

1-2&3-4 Step Rt side, Hold, Ball step Left into Rt (&), Step Rt side, Touch Left into Rt

5-6-7-8 ¼ over Left Step Left fwd, ½ over Left step Rt back, ¼ over Left step Left side, Cross Rt over Left

Start Again and enjoy this dance :-)

NB This song became viral with a tribal challenge dance originating from Zezuru Shona people living in eastern Zimbabwe & bordering Angola, especially in the Murewa, Kizomba na Rua and Uzumba-Maramba-Pfungwe districts. It now has thousands of varying routines. We have included these steps in the 1st 32 Counts of this dance and then choreographed an IMPROVER LINE DANCE that fits the phrasing of this great track of music whilst allowing instructors to have the option of having their BEGINNERS on the floor if they simply keep repeating the 1st 32 Counts. If choosing this option then you will have all levels always dancing the front and back walls together at the same time. We set out to maintain and respect the culture of the people, much as choreographers to Irish dance music do with incorporation of Irish steps from Lord of the dance for example. Smile and have fun

CONTACT – Alison by e mail alison@nulinedance.com Colin by e mail ghys-colin@hotmail.com

