

## HELP ME

Choreographers- Hayley Wheatley (UK) Alexis Strong (UK) Jan 2018  
4 Wall- Improver Level  
Music- Boa Me by Ed Sheeran Feat Fuse ODG And Mugeez (Available from iTunes)  
32 Counts- Improver Level

Start On Vocals

### 1-8 RIGHT SIDE ROCK RECOVER, BALL- STEP TOUCH, RIGHT SIDE, BEHIND, 1/4 RIGHT SHUFFLE.

1-2 Rock R To R (1) Recover On L (2)  
&3-4 Step R Beside L (&) Step L To L Side (3) Touch R Beside L (4)  
5-6 Step R To R Side (5) Cross L Behind R (6)  
7&8 Making 1/4 Turn R, Step On R (7) Step L To R (&) Step R Fwd (8) 3:00

### 9-16 LEFT PIVOT 1/2 TURN, LEFT TRIPLE 1/2 TURN, X4 BOOGIE WALKS BACK.

1-2 Step L Fwd (1) Pivot 1/2 Turn, Step On R (2) 9.00  
3&4 Making 1/2 Turn R, Step On L (3) Step R To L (&) Step Back On L (4) 3.00  
5-6 Step Back On R, Twist L Heel Towards Centre (5) Step Back On L, Twist R Heel Towards Centre (6)  
7-8 Repeat Counts 5-6 3.00

### 17-24 RIGHT COASTER STEP, CROSS, POINT, CROSS SIDE CROSS, LEFT SIDE ROCK RECOVER.

1&2 Step Back On R (1) Step Back On L (&) Step Fwd On R (2)  
3-4 Cross L Over R (3) Point R To R (4)  
5&6 Cross R Over L (5) Step L To L (&) Cross R Over L (6)  
7-8 Rock L To L (7) Recover On R (8)

### 25-32 SAILOR 1/4 TURN, x2 1/8 PADDLE POINTS, RIGHT FORWARD MAMBO, TOUCH, KNEE POPS X2.

1&2 Cross L Behind R (1) Making 1/4 Turn L, Step On R (&) Step On L (2) 12:00  
3-4 Making 1/8 Turn L , Point R Toe (weight on L) Making 1/8 Turn L, Point R Toe (Weight On L) 9:00  
5&6 Mambo R Fwd (5) Recover On L (&) Touch R To L (6)  
7-8 Drop Weight On R, Pop L Knee (7) Drop Weight On L, Pop R Knee (8).

Enjoy!!