

# Groovitus

Intermediate	4 Wall Line Dance	64 Counts
Choreographer :	Ross Brown (UK) <a href="mailto:ross-brown@hotmail.co.uk">ross-brown@hotmail.co.uk</a>	
Choreographed To :	Groovitus by Sheridan [Length – 3:35] (126 BPM)	
Download From :	Ricall – <a href="http://www.ricall.com/search/express">www.ricall.com/search/express</a> (0.80 GBP / 1.00 USD)	
Intro :	16 Counts (Approx. 8 Seconds)	
TAG :	At the End of Wall 4, repeat the LAST Section of the Dance.	

## **WALK FORWARD. RAISED HIP BUMP ¼ TURN L. STEP ¼ TURN L, BACK ½ TURN L. OUT, OUT, IN, CROSS.**

- 1 – 2 Walk forward; R, L.  
 3 & 4 Make a ¼ turn L bumping R hip in air, bump L hip, step R to R bumping R hip.  
 5 – 6 Make a ¼ turn L stepping L forward, make a ½ turn L stepping R back.  
 & 7 & 8 Step L to L, step R to R, step L next to R, cross step R over L.

(12 O'CLOCK)

## **SIDE ROCK. BEHIND, STEP ¼ TURN R, ROCK FORWARD. WALK BACK with TOE FANS. COASTER CROSS.**

- 1 – 2 Rock L to L, recover onto R.  
 3 & 4 Cross step L behind R, make a ¼ turn R stepping R forward, rock L forward.  
 5 – 6 – 7 Walk R back fan L toes out, walk L back fan R toes out, walk R back fan L toes out.  
 8 & 1 Step L back, step R next to L, cross step L over R.

(3 O'CLOCK)

## **BACK ¼ TURN L, SIDE ¼ TURN L. CROSS ROCK. ROLLING VINE FULL TURN R. CROSS ROCK.**

- 2 – 3 Make a ¼ turn L stepping R back, make a ¼ turn L stepping L to L.  
 4 & 5 Cross rock R over L, recover onto L, make a ¼ turn R stepping R forward.  
 6 – 7 Make a ½ turn R stepping L back, make a ¼ turn R stepping R to R.  
 8 & Cross rock L over R, recover onto R.

(9 O'CLOCK)

## **BIG SIDE, DRAG. BALL, CROSS, SIDE. SAILOR ¼ TURN L. TWO TOUCH TURNS ¼ TURN L.**

- 1 – 2 Step L big step to L, drag R up to L.  
 & 3 – 4 Step R next to L, cross step L over R, step R to R.  
 5 & 6 Make a ¼ turn L stepping L behind R, R next to L, L forward.  
 7 – 8 Make a ¼ turn L touching R to R, make a ¼ turn L touching R to R.

(12 O'CLOCK)

## **(¼ TURN L) SIDE SWITCHES. SIDE, DRAG. SIDE SWITCHES. SIDE, DRAG.**

- 1 & 2 & Make a ¼ turn L touching R to R, step R next to L, touch L to L, step L next to R.  
 3 – 4 Step R to R, drag L up to R.  
 5 & 6 & Touch L to L, step L next to R, touch R to R, step R next to L.  
 7 – 8 Step L to L, drag R up to L. (Weight ends on R)

(9 O'CLOCK)

## **STEP, HEEL BOUNCE. BACK, SWIVET. WALK BACK. SHOULDER ROLL.**

- 1 & 2 Step L forward, raise both heels, drop both heels.  
 3 & 4 Step L back, twist L toe to L and R heel to R, twist back.  
 5 – 6 – 7 – 8 Walk back; R, L, roll L shoulder back, recover onto R.

(9 O'CLOCK)

## **HIP BUMPS ½ TURN R. X2. ROCK FORWARD. HIP BUMPS ½ TURN L.**

- 1 & 2 Step L forward and make a ½ turn R bumping hips; L, R, L.  
 3 & 4 Step R back and make a ½ turn R bumping hips; R, L, R.  
 5 – 6 Rock L forward, recover onto R.  
 7 & 8 Step L back and make a ½ turn L bumping hips; L, R, L.

(3 O'CLOCK)

## **WALK FORWARD. ROCK FORWARD. WALK BACK. ROCK BACK.**

- 1 – 2 – 3 – 4 & Walk forward; R, L, R, rock L forward, recover onto R.  
 5 – 6 – 7 – 8 & Walk back; L, R, L, rock R back, recover onto L.

(3 O'CLOCK)

**END OF DANCE! 😊**