

GROOVE ME

Choreographed by: Jeremy Oldham

E-mail: jeremy@jandjdancin.com/**Website:** jandjdancin.com

Description: 32 Count 2 Wall Beginner/Intermediate

Music: "Groove Me" by King Floyd

Step R to R Side, Hold, & Together, Side, & Together, Cross R over L, Side and Cross, Side and Cross.

1-2 Step R to R side, Hold.
&3&4 Step L next to R, Step R to R side, Step L next to R, Cross R over L.
5&6 Step L to L side, Step R next to L, Cross L over R.
7&8 Step R to R side, Step L next to R, Cross R over L.

3/4 Turn over R shoulder traveling to L side, Rock Step, 1/2 turn L, Rock Step, Sailor Step with a 1/4 turn.

1&2 Turn a 1/4 turn R stepping back on L foot; turn a 1/2 turn R stepping forward on R foot, Step forward on L foot.
3-4 Rock back on R, turn a 1/2 turn L, step forward on L foot.
5-6 Step forward on R foot rocking forward, Replace weight rocking back on L foot.
7&8 Cross R foot behind L, step on ball of L foot doing a 1/4 turn R, step R foot in place.

Walk, Walk, Point side and side, Swing your head to the R an L with a 1/4 turn, 1/4 coaster and cross.

1-2 Step forward on L, Step forward on R.
3&4 Point L toe to L side, step L next to R, point R toe to R side.
5-6 Swing your head to the R, Swing your head to the L doing a 1/4 turn L and putting the weight back onto the R foot.
7&8 Step back on L foot, do a 1/4 turn to the left step R foot in place, cross L foot over R.

Step forward touch, Step back touch, Step forward 1/2 pivot, Mambo touch

1-2 Step forward on R foot, Touch L toe forward.
3-4 Step back on L foot, Touch R toe back
5-6 Step forward on R foot, turn a 1/2 pivot L putting weight onto the L foot
7&8 Step forward on R foot, step in place with L foot, touch R toe next to L foot.

Begin Again!

Tag:

The tag comes at the end of the 3 wall right before you begin the 4 wall!

1-2, 3&4 Step R to R side, Step L next to R, Step R to R side, & step L next to R, Step R to R side.
5-6, 7&8 Step L to L side, Step R next to L, Step L to L side, & step R next to L, Step L to L side.

Begin from the top!