

Father Figure Cha

Choreographer: Merete Sevel (e-mail: hindholm@hotmail.com)

64 counts, 4 wall Intermediate/Advanced Cha-Cha

Music: Father Figure by George Michael Album: Faith

Start 32 counts after heavy beat kicks in - on vocals. Approx 38 secs from start of music.

Step back, 1/2 turn L, Spiral full turn L, Lock step fw, Rock, Lock step back

- 1 Step R back diagonally to Right (4.30)
- 2 Turn 1/2 L step fw on L (6.00)
- 3 Step fw on R making a full spiral turn Left
- 4&5 Lock step fw L-R-L
- 6 Rock fw on R
- 7 Recover on L
- 8&1 Lock step back R-L-R

1/4 turn L, Step L, Lock step fw, Rock, Hitch 1/2 turn L, Lock step fw

- 2 Make 1/4 turn Left on your R while hitching L into a figure 4 in front of R (make it sharp) (3.00)
- 3 Step fw on L
- 4&5 Lock step fw R-L-R
- 6 Rock fw on L
- 7 Recover on R
- & Hitch L making 1/2 turn Left (9.00)
- 8&1 Lock step fw L-R -L

Hold, Ball step, Rock, 1/2 turn R, Rock, 1/4 turn L, Rock, 1/2 turn R

- 2 Hold
- &3 Ball step fw R-L
- 4&5 Rock fw on R, recover on L, turn 1/2 Right step fw on R (3.00)
- 6&7 Rock fw on L, recover on R, turn 1/4 Left step fw on L (12.00)
- 8&1 Rock fw on R, recover on L, turn 1/2 Right step fw on R (6.00)

Hold, Ball step, Pelvic Contractions, Bend Knees, Hitch, Lock step fw

- 2 Hold
- &3 Ball step fw L-R
- &4&5 Pelvic contraction (&), Bend knees, Buttocks out (4), Pelvic contraction (&)
Straighten up push chest fw (5)
- &6&7 Repeat &4&5 *** See below
- & Hitch L
- 8&1 Lock step fw L-R-L

Kick, 1/4 turn L, kick, Cross shuffle, Hitch, Point, Hitch, Point, Hitch, Cross shuffle
 2 Kick R fw
 3 Turn 1/4 Left on L while kicking R at Right diagonal (3.00)
 4&5 Cross shuffle
 &6&7& Hitch L across R, Point L to Left, Hitch L across R, Point L to Left, Hitch L across R
 8&1 Cross shuffle

Unwind, Chassé R, Chassé L, Chassé R

2-3 Unwind slowly full turn Right (weight on L)
 4&5 Chassé to the Right diagonal (4.30)
 6&7 Chassé to the Left diagonal (1.30)
 8&1 Chassé to the Right diagonal (4.30)

Swivels, Triple full turn L, 2xLock step fw with prep

2 Swivel to the Left (weight on L) (1.30)
 3 Swivel to the Right (weight on R) (4.30)
 4&5 Triple turn to the Left turning a little more than one full turn (1 3/8!) Left (12.00)
 6&7&8 Lock steps fw R-L-R-L-R, prep on last step

3/4 turn R, Point, Hold, Ball point, Hold, Ball point, Hold, Cross rock, Side, Cross Rock

&1 3/4 turn Right (with L in figure 4 behind R calf), Point L to the Left (9.00)
 2 Hold
 &a3 Ball point (Step down on L(&), Step R next to L (a), Point L to the Left (3))
 4 Hold
 &a5 Repeat " &a3"
 6 Hold
 &7 Cross rock L over R, recover on R
 & Step L to the Left
 8& Cross rock R over L, recover on L

Finish: The music slows down at the end of the song. Just slow down with it and end the dance: Lock step fw 8&1 (Step 1 from start of section 5), cross R over L and unwind slowly....

*** Optional: In section 4 counts &4&5&6&7 you can wiggle shoulders instead of the pelvic contractions:

&4&5 R shoulder up/L shoulder down and reverse (&4) and repeat (&5)
 At the same time bend knees on 4, Straighten up on 5
 &6&7 Repeat &4&5

Feel the passion and put it into your hips!

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