

# **Jump On This**

**Choreographed by Maurice Rowe 8/08**

**Music: "So Much Betta" by Janet Jackson (Discipline)**

**"Loved Stoned" by Justin Timberlake**

**"Got To Give It Up" By Aaliyah**

**32 count intermediate West Coast**

**20 count intro : Start when she says " Tired of being number two".**

## **Walk, walk, ¼ ball cross, ¼ turn, anchor, slide, step**

- 1,2 Walk forward right, left
- &3 Step forward onto the ball of the right foot, turning ¼ turn left, cross left over right (9:00)
- 4 Turning ¼ turn left, step back on right foot (6:00).
- 5&6 Step left next to right, take weight onto right, replace weight to left.
- 7, 8 Step right to right sliding left next to right and taking weight onto left foot.

## **Walk, walk, shuffle forward, 1 ½ turn right, knee pops**

- 1,2 Walk forward right, left
- 3&4 Step forward on right, step left together with right, step forward right.
- 5 Turning ½ turn right, step back on left (12:00).
- 6 Turning ½ turn right, step forward on right (6:00).
- 7 Turning ½ turn right, step back on left (12:00).
- &8 Pop left knee, pop right knee (weight ends on left foot, facing 12:00)

## **Walk, walk, ball-step-cross, ball-step-cross, ½ turn, ¼ turn**

- 1,2 Walk forward right, left.
- &3 Rock right out to right side, quickly replacing weight to left foot.
- 4 Cross right over left.
- &5 Rock left out to left side, quickly replacing weight to right foot.
- 6 Cross left over right.
- 7 ½ turn left stepping back on right (facing 6:00).
- 8 ¼ turn left stepping out on left (end facing 3:00).

## **Shuffle forward, rock-recover, walk back LRL, out-out**

- 1&2 Step forward right, bring left together with right, step forward right.
- 3, 4 Rock left foot forward, replace weight to right.
- 5,6,7 Walk back left, right, left.
- &8 Step right to right, left to left (weight ends on left).