

Jo`Anna.

Choreographed by Sebastiaan Holtland, Netherlands (10-04-2015).

Description: .. count – 4 Wall – Improver Level Line Dance (**No Tags, No Restarts**).

Music: Gimme Hope Jo`Anna by Lou Bega (Cd A Little Bit of 80`s 2013).

Dance starts on lyrics (at the word `Well`).

1-8 Side, Shimmy, Together, Hold, Side, Together, Step, Hold.

1-4 Step Lt to left, drag Rt toward left, step Rt together Lt, Hold.

(Shimmy shoulders as you drag)

5-8 Step Lt to the left, step Rt together Lt, step Lt forward, Hold.

9-16 Fwd Rock, Recover, ½ R, Step, ¼ R, Side, Back, Heel, Replace, Together.

1-4 Rock Rt fwd, recover on Lt, turn ½ right **(6)** step Rt fwd, turn ¼ right **(9)** step Lt slightly to the left.

5-8 Step Rt slightly back, touch L heel diagonal fwd, step Lt back in place, step Rt together Lt.

17-24 Side, Touch, Side, Touch, Rolling Vine R, Touch.

1-4 Step Rt to the right, touch Lt next to Rt, step Lt to the left, touch Rt next to Lt.

5-8 Turn ¼ right **(12)** step Rt fwd, turn ½ right **(6)** step Lt back, Turn ¼ right **(9)** step Rt to the right, touch Lt next to Rt.

25-32 Side, Touch, Side, Touch, ¼ L, L Hip Pushes Fwd & Together (travelling fwd), Touch.

1-4 Step Lt to the left, touch Rt next to Lt, step Rt to the right, touch Lt next to Rt.

5-8 Turn ¼ left **(6)** step Lt fwd push L hip fwd, step Rt together Lt, step Lt fwd push L hip fwd, touch Rt next Lt

33-40 Side, Rising Kick L, ¼ L, Side, Rising Hitch R, Hip Bumps R-L-R, Hold.

1-4 Step Rt to the right, rising L knee up, turn ¼ left **(3)** step Lt slightly fwd, rising R knee up.

5-8 Step Rt slightly to the right bump hip to right, bump hip to left, bump hip to right, hold.

41-48 Side, Together, Step, Hold, Pivot ½ L, Pivot ¼ L.

1-4 Step Lt to the left, step Rt together Lt, step Lt fwd, Hold.

5-8 Step Rt fwd, turn ½ left **(9)** take weight onto Lt, step Rt fwd, turn ¼ left **(6)** take weight onto Lt.

49-56 Heel Grind ¼ Turn L, Back, Hook, Press, Recover, Recover, ¼ L & Lift.

1-4 Heel grind with Rt (toes from left to right) ¼ turn to right **(9)** step Lt back, step Rt back, hook Lt up across Rt.

5-8 Press Lt fwd, recover on Rt, recover on Lt, turn ¼ left **(6)** lift R heel up.

57-64 Cross Rock Fwd, Recover, Side Rock, Recover, Break Back, Recover, Together, Hold.

1-4 Rock Rt across Lt, recover on Lt, rock Rt to the right, recover on Lt.

5-8 Turn ¼ left **(3)** break Rt back, recover on Lt, step Rt together Lt, Hold.

Start again and have fun!

Contact: smoothdancer79@hotmail.com