

Ball Out

Choreographed by Will Craig

Description: Phrased, 2 wall, intermediate/advanced line dance

Music: **Ball Out (\$500)** by Blak Jak Feat T Pain [CD: Place Your Bets]

Sequence: AB AB A BBB

Start dancing on lyrics

PART A

STEP HITCH BEHIND SIDE CROSS TWICE

1-2 Cross left over right, hitch right knee

3&4 Cross right behind left, step left to side, cross right over left

&5-6 Step left to side, cross right over left, hitch left knee

7&8 Cross left behind right, step right to side, cross left over right

¼ TURN STEPS LOWER BODY ½ STEPS LOWER BODY WITH ¼ TURN

9-10 Turn ¼ left and step right to side (bending both knees to lower body), straighten both knees

&11-12 Step left to right, step right to side (bending both knees to lower body), straighten both knees

13-14 Turn ½ right and step left to side (bending both knees to lower body), straighten both knees

&15-16 Step right together, step left to side (bending both knees to lower body), straighten both knees

& Turn ¼ left (weight to right)

ROCK AND CROSS AND ROCK AND CROSS WITH A KNEE POP AND HEAD POP SAILOR SHUFFLE

17&18 Rock left to side, recover on right, cross left over right

19&20 Rock right to side, recover on left, cross right over left

21-22 Kick left to side, touch left together and pop left knee out
(also pop head left, still looking forward, keeping the weight on right)

23&24 Cross left behind right, step right to side, step left to side

SAILOR SHUFFLE WITH GLIDES TWICE WITH ROCK STEP

25&26 Cross right behind left, step left to side, step right to side

27-28 Step left together, slide right to side

29-30 Step left together, slide right to side

31-32 Rock left back, recover to right

LEFT HITCH BEHIND SIDE CROSS RIGHT HITCH BEHIND SIDE CROSS

33-34 Touch left forward, hitch left knee

35&36 Cross left behind right, step right to side, cross left over right

37-38 Touch right forward, hitch right knee

39&40 Cross right behind left, step left to side, cross right over left

ROCK AND STEP TWICE ½ WITH BODY PUMPS

41&42 Rock left forward, recover on right, step left forward

43&44 Rock right forward, recover on left, step right forward

45-46 Rock left forward, recover on right

47&48 Step left back, turn left and step right forward (bring body down), step left forward (bring body up and down)

PART B

STEPS IN PLACE WITH TOE TOUCHES FULL TURN

1-2 Touch right forward, drag/step right together

3-4 Touch left forward, drag/step left together
5&6 Touch right toe to side, step right together, touch left toe to side
7-8 Cross left behind right, unwind full turn left (weight to right)

STEPS IN PLACE WITH TOE TOUCHES FULL TURN

9-10 Touch left forward, drag/step left together
11-12 Touch right forward, drag/step right together
13&14 Touch left toe to side, step left together, touch right toe to side
15-16 Cross right behind left, unwind full turn right (weight to left)

STEPS WITH BODY PUMPS TWICE MOONWALKS BACK

17 Step right forward (bring body down while bring both arms to chest)
&18 Hold (bring body back up, lower body back down ending with weight still on right)
19 Step left forward (bring body down while bring both arms to chest)
&20 Hold (bring body back up, lower body back down ending with weight still on left) & Step right back
21-24 Slide/step left back, slide/step right back, slide/step left back, slide/step right back
Option for 21-24: walk back left, right, left, right

ROCK STEP X3 BEHIND SIDE CROSS ½ TURN BODY PUMPS

25-26 & Rock left forward, recover on right, step left together
27-28 & Rock right forward, recover on left, step right together
29-30 Rock left forward, recover on right
31&32 Step left back, turn ½ left and step right forward (bring body down), step left forward (bring body back up and down)
The last 3 times you repeat BBB, instead of a ½ turn, make it a whole turn to repeat B

Choreographer Contact Information:

Will Craig - Address: 7201 Gilead Rd Huntersville, NC 28078 | **Phone:** 704-226-8007