

Act Like A Man!

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Type of dance: 32 counts, 4 walls, easy intermediate
 Music: **You gotta not** by Little Mix. Track length: 3.11. Buy on iTunes, etc.
 Intro: 8 counts (app. 5 secs. into track). Start with weight on L foot
 1 tag: After wall 3, facing 3:00. See Tag description at bottom of page
 1 bridge: During wall 6, after 16 counts, facing 3:00. See Bridge description at bottom of page
 NOTE: Both the tag and the bridge happen at 3:00. Easy to remember ☺
 EXTRA: Huge thanks to Simon Ward & Craig Bennett for their advice and input ☺

Counts	Footwork	End facing
1 – 8	Touch & heel &, weave 1/8 R, behind side cross ¼ R, place R fwd, heel swivels	
1&2&	Touch R next to L (1), step R diagonal back (&), touch L heel diagonally L fwd (2), step L next to R (&)	12:00
3&4	Cross R over L (3), step L to L side (&), cross R behind L turning 1/8 R (4)	1:30
5&6	Step back on L (5), turn 1/8 R stepping R to R side (&), turn 1/8 R stepping L in front of R (6)	4:30
7&8	Place R fwd (7), swivel both heels to R side (&), swivel heels back again (8) – <i>weight L</i>	4:30
9 – 16	1/8 L into behind side cross, side rock cross, ¼ L, shuffle ½ L, mambo step, together	
1&2	Step back on R (1), turn 1/8 L stepping L to L side (&), cross R over L (2)	3:00
&3&4	Rock L to L side (&), recover on R (3), cross L over R (&), turn ¼ L stepping back on R (4)	12:00
5&6	Turn ¼ L stepping L to L side (5), step R next to L (&), turn ¼ L stepping L fwd (6)	6:00
&7&8	Rock R fwd (&), recover back on L (7), step back on R (&), step L next to R (8) ... * <i>Bridge here during wall 6 (see bottom of sheet for detailed explanation)</i>	6:00
17 – 24	R rocking chair, R lock step fwd, step ¼ cross, R scissor step	
1&2&	Rock R fwd (1), recover back on L (&), rock back on R (2), recover fwd onto L (&)	6:00
3&4	Step R fwd (3), lock L behind R (&), step R fwd (4)	6:00
5&6	Step L fwd (5), turn ¼ R onto R (&), cross L over R (6)	9:00
7&8	Step R to R side (7), step L next to R (&), cross R over L (8)	9:00
25 – 32	L rock diagonal fwd, behind side cross, out out in cross, step touch step	
1 – 2	Rock L into L diagonal (1), recover back on R (2) ... <i>Styling: push L hip up during rock step</i>	9:00
3&4	Cross L behind R (3), step R to R side (&), cross L over R (4)	9:00
5&6&	Step R out to R side (5), step L out to L side (&), step R in towards L (6), cross L over R (&)	9:00
7&8	Step R to R side (7), touch L next to R (&), step L to L side (8)	9:00
Start Again!		
Tag	After wall 3 which starts facing 6:00. The tag happens facing 3:00: Cross rock side X 2	
1&2	Cross rock R over L (1), recover back on L (&), step R to R side (2)	3:00
3&4	Cross rock L over L (3), recover back on R (&), step L to L side (4)	3:00
Bridge	During wall 6 which starts facing 9:00, after 16 counts, now facing 3:00: Camel walks R&L, R mambo step fwd, pop walks back L&R, L coaster step	
1 – 2	Walk R fwd popping L knee fwd (1), walk L fwd popping R knee fwd (2)	3:00
3&4	Rock R fwd (3), recover weight back on L (&), step back on R (4)	3:00
5 – 6	Walk back on L popping R knee fwd (5), walk back on R popping L knee fwd (6)	3:00
7&8	Step back on L (7), step R next to L (&), step fwd onto L (8)	3:00
Ending	You automatically end the dance at 12:00 when finishing your last wall. Then stomp R fwd ☺	12:00